






















WEEK 1 MENU

w/c - 03/01, 24/01, 21/02, 14/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	STREET FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Sausage & Onion Gravy 	Halloumi Cheese Kebabs in a Flatbread	Roast Chicken	Macaroni Cheese  	Oven Baked Fish Finger Bap
Main 2	Quorn Sausage & Gravy 	Cheese & Tomato Pizza 	Roasted Quorn Fillet & Gravy 	Roasted Vegetable Curry 	Vegan Sausage Roll 
Carbohydrates	Mashed Potato 	Warm Lemon Cous-Cous or Wholemeal Penne Pasta 	Roasted Potatoes or Wholemeal Penne Pasta 	Braised Turmeric Rice or Wholemeal Penne Pasta 	Oven Baked Chips
Vegetables	Broccoli Garden Peas	Garden Peas Roasted Peppers	Fresh Glazed Carrots Savoy Cabbage	Broccoli Sweetcorn Mixed Salad	Garden Peas Baked Beans  Mixed Salad
Desserts	Chocolate Beetroot Cake  Organic Yoghurts 	Orange Jelly  Organic Yoghurts 	Autumn Fruit Crumble and Custard Organic Yoghurts 	Shortbread Fresh Fruit Wedges Organic Yoghurts 	Mango Frozen Yoghurt Organic Yoghurts 

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

 **Future 50** Contains one or more of the top 50 most sustainable foods in the world!

 Vegetarian  Vegan  Organic





















For allergen content please speak to member of staff who will be happy to assist



WEEK 2 MENU

w/c – 10/01, 31/01, 28/02, 21/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	STREET FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Sticky Honey Glazed Chicken Thigh	Roasted Vegetable Lasagne 	Roast Beef	Oven Baked Katsu Style Chicken Curry	Oven Baked Breaded Fish (Pollock)
Main 2	Vegan Meatballs   	Vegetable Curry  	Quorn Fillet 	Chinese Vegetable Noodles  	Cheese & Tomato Pizza 
Carbohydrates	Braised Rice or Wholemeal Penne Pasta 	Garlic Bread, Braised Rice or Wholemeal Penne Pasta 	Roasted Potatoes or Wholemeal Penne Pasta 	Boiled White and Brown Rice or Penne Pasta 	Oven Baked Chips
Vegetables	Roasted Vegetables Mixed Salad	Coleslaw	Garden Peas Fresh Carrots and Diced Swede	Broccoli Florets Sweetcorn	Garden Peas Baked Beans 
Desserts	Carrot & Apple Muffin Organic Yoghurts 	Mandarin Cheesecake Organic Yoghurts 	Autumn Cake Organic Yoghurts 	Freshly Made Vanilla Cookie Organic Yoghurts 	Bananas and Custard Organic Yoghurts 

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

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 **Vegetarian**  **Vegan**  **Organic**

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WEEK 3 MENU

w/c - 17/01, 07/02, 07/03, 28/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	WORLD FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Chicken Tikka Pitta Pocket	Pulled Chicken Burger in A Bun	Roast Turkey	Vegetable Curry & Boiled Rice	Oven Baked Fish Fingers
Main 2	Vegan 3 Bean Chilli 	Southern Baked Quorn Burger, Bun & Salad	Vegan Quorn Fillet 	Roasted Vegetable Wholemeal Pasta Bake	Cheese and Tomato Pizza
Carbohydrates	Braised Rice or Wholemeal Penne Pasta	Jacket Potato Wedges or Wholemeal Penne Pasta	Roast Potatoes or Penne Pasta	Garlic and Parsley Bread or Diced Herby Potatoes	Oven Baked Chips
Vegetables	Green Beans Half Corn Cob	Roasted Sweetcorn Broccoli Florets	Roasted Carrots Green Beans	Roasted Peppers Garden Peas	Garden Peas Baked Beans
Desserts	Ice Cream Pots Fresh Fruit Wedges Organic Yoghurts	Raspberry Jelly Fresh Fruit Wedge Organic Yoghurts	Apple Crumble & Custard Organic Yoghurts	Chocolate Cookies Fresh Fruit Wedges Organic Yoghurts	Oatey Raspberry Flapjack Organic Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

Future 50 Contains one or more of the top 50 most sustainable foods in the world!

Vegetarian **Vegan** **Organic**

For allergen content please speak to member of staff who will be happy to assist

