

WEEK 1 MENU

Week Commencing
06/09, 27/09, 18/10, 15/11, 06/12



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY Italian	PLANET EARTH DAY	ORIGINALS DAY	STREET FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Mac n Cheese	Chickpea, Corn & Carrot Burger	Roast Chicken	Spaghetti Bolognese	Oven Baked Fish Fingers
Main 2	Kale and Edamame Bean Frittata	Quorn Sausage Pattie Burger	Roasted Quorn Fillet & Gravy	Cheese & Tomato Pizza	Plain Omelette or Cheese & Tomato Omelette
Carbohydrates	Garlic Bread Slices	New Potatoes or Wholemeal Penne Pasta	Roasted Potatoes or Wholemeal Penne Pasta	Boiled White and Brown Rice or Wholemeal Penne Pasta	Oven Baked Chips
Vegetables	Mixed Salad Coleslaw	Green Beans Fresh Sliced Carrots	Fresh Carrots Broccoli Florets	Roasted Sweetcorn Mixed Salad	Garden Peas Baked Beans Mixed Salad
Desserts	Vanilla Cheesecake Organic Yoghurts	Watermelon Lollies Organic Yoghurts	Fresh Vanilla Sponge and Custard Organic Yoghurts	Strawberry Frozen Yoghurt Fresh Fruit Wedges Organic Yoghurts	Freshly Made Chocolate Cookie Organic Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

Future 50 Contains one or more of the top 50 most sustainable foods in the world!

Vegetarian **Vegan** **Organic**

For allergen content please speak to member of staff who will be happy to assist



WEEK 2 MENU

Week Commencing 13/09, 04/10, 01/11, 22/11, 13/12



	Monday	Tuesday	Wednesday	Thursday	Friday
	ORIGINALS DAY	STREET FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Oven Baked Sausage & Onion Gravy	Southern Baked Chicken Thigh with BBQ Sauce	Roast Beef	Cheesy Baked Gnocchi	Oven Baked Breaded Fish (Pollock)
Main 2	Quorn Sausage & onion Gravy	Southern Baked Halloumi Burger, Bun & Salad with BBQ Sauce	Roasted Quorn Fillet & Gravy	Roasted Vegetable Wholemeal Pasta Bake	Cheese & Tomato Quiche
Carbohydrates	Mashed Potatoes or Wholemeal Penne Pasta	Baked Sweet Potato Wedges or Wholemeal Penne Pasta	Roasted Potatoes or Wholemeal Penne Pasta	Boiled White and Brown Rice or Penne Pasta	Oven Baked Chips
Vegetables	Fine Green Beans Fresh Sliced Carrots	BBQ Baked Beans Red Cabbage Coleslaw	Savoy Cabbage Fresh Glazed Carrots	Broccoli Florets Sweetcorn	Garden Peas Carrots Baked Beans
Desserts	Chocolate Sponge & Chocolate Sauce Organic Yoghurts	Orange Jelly Fresh Fruit Salad Organic Yoghurts	Strawberry Bakewell Tart and Custard Organic Yoghurts	Chocolate Pot Organic Yoghurts	Apple Shortbread Custard Sauce Organic Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

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Vegetarian Vegan Organic

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WEEK 3 MENU

Week Commencing
20/09, 11/10, 08/11, 29/11



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	WORLD FOOD DAY Asian	FRIDAY FAVOURITES
MAIN 1	Cheese & Tomato Pizza	Mixed Bean & Chickpea Wrap Lentil & Vegetable Cottage Pie	Roast Pork	Katsu Chicken Curry	Choose from: Oven Baked Fish Fingers
Main 2	Cheese & Broccoli Flan	Halloumi and Vegetable Kebab Served on Flat Tortilla	Quorn Roast	Chinese Noodles with Vegetables & Soya Beans	Quorn Hot Dog Roll
Carbohydrates	Half Jacket Potato or Wholemeal Penne Pasta	Mashed Potatoes or Wholemeal Penne Pasta	Roast Potatoes or Penne Pasta	Boiled White and Brown Rice or Penne Pasta	Oven Baked Chips
Vegetables	Broccoli Florets Mixed Bean Salad	Fresh Glazed Carrots Green Beans	Savoy Cabbage Roasted Vegetables	Green Beans Sweetcorn	Garden Peas Baked Beans
Desserts	Neapolitan Ice Cream Slice Watermelon Cubes Organic Yoghurts	Chocolate Beetroot Cake Organic Yoghurts	Wholemeal Apple Crumble & Custard Organic Yoghurts	Strawberry Jelly Organic Yoghurts	Lemon Curd Meringue Pizza Slice Organic Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



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Vegetarian



Vegan



Organic

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